

# Wedgewood Minutes

August 2022

## Coping with Macular Degeneration and Vision Loss

We are excited to welcome our own resident, Mary Ann Delong, to speak to us about coping with vision loss. This will be especially informative for any resident, or even family member dealing with a diagnosis of Macular Degeneration. Mary Ann has been the chair of vision loss support groups and has several resources to share for accurate information and support services.

Mary Ann will also take some time to share a bit of her life story and all she has overcome. She will share methods that she uses to live a full and satisfying life despite her blindness.

Come join us on August 23<sup>rd</sup>, at 2:00 pm in the community room for this informative and inspirational presentation.

## Take Full Advantage of our Social Affairs Program

With relaxed covid protocols, 2022 has been a year of drastic moves forward. We've enjoyed celebrating Easter, Mother's Day, Father's Day, and Independence Day the way we always did before 2020, and for that I am very grateful.

We've even enjoy various brunches and other fun activities. Our goal is not only to be have a great social affairs program as we did prior to '20, we want it to be even better.

We look forward to celebrating our 25-year anniversary with you as well as all the other events the second half of the year brings. Please don't hesitate to take full advantage of our social affairs program. If there is an activity not on the calendar you would love to see put on the calendar that you would participate in, please don't hesitate to let us know.

You



### Enjoy

*Enjoy every moment of every day. Take time to go out and play*

*Enjoy the time when all goes well, and when it's bad, do not dwell.*

*Enjoy every heartbeat your heart is willing to give. Make it count as long as you live.*

*Enjoy the things you like, endure the things you not, count your blessings, there are a lot.*

*Enjoy the love of the people around you. Pick yourself up when you are feeling blue.*

*Enjoy every smile, each splinter of fun. Enjoy your life on the earth, there is only but one.*

